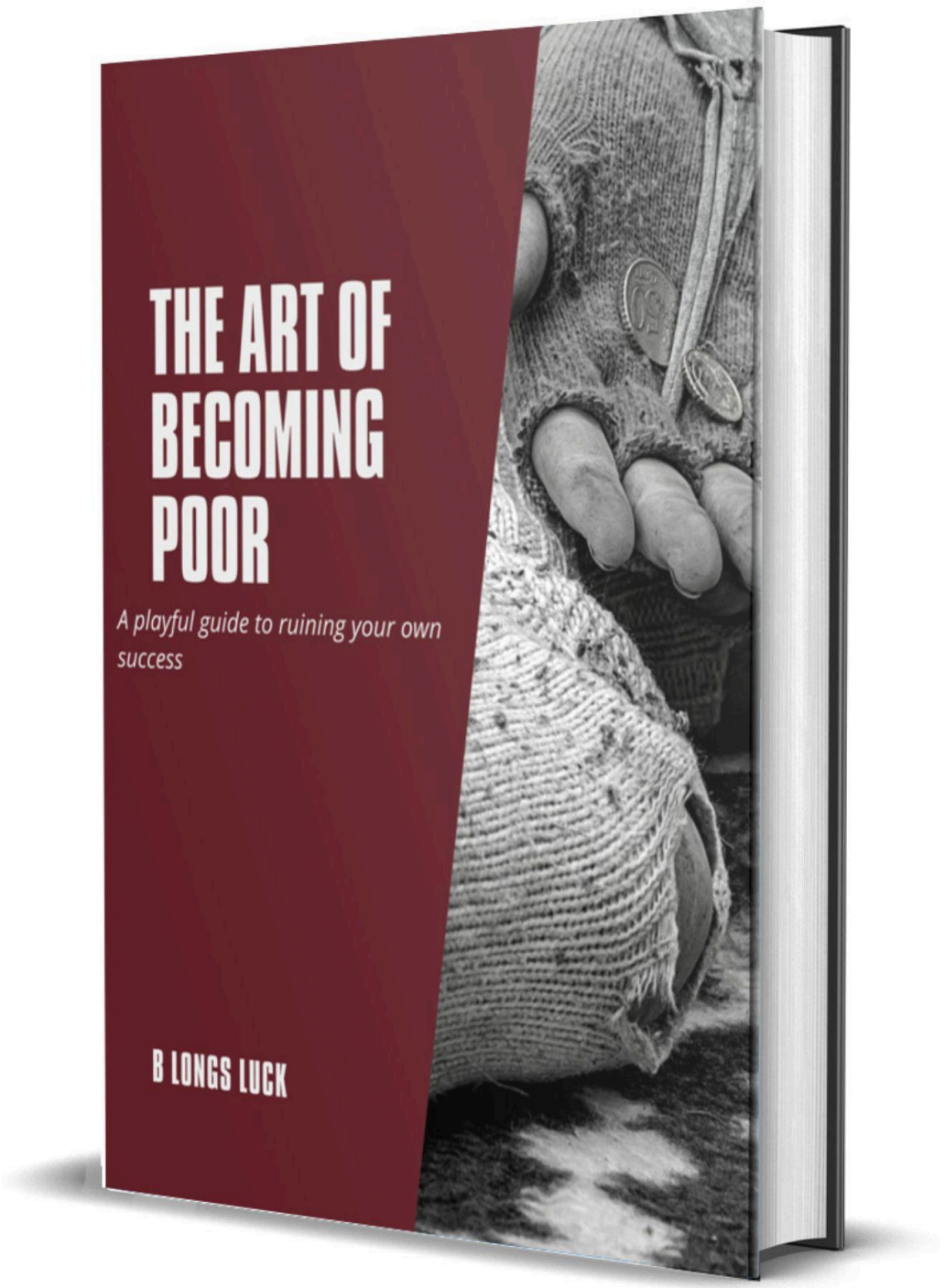
THE ART OF BECOMING POOR
A playful guide to ruining your own success
B LONGS LUCK

By. B Longs Luck

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PREFACE

The Art of Becoming Poor : A Playful Guide to Ruining Your Own Success

Life is full of books that teach us how to earn more, grow faster, and become better. But almost no book teaches us the opposite, how people, without even realising, slowly destroy their own success.

This book was born from that funny truth.

Here, we use humour, simple language, and practical wisdom to show the habits that secretly pull people down. Each chapter looks joyful, but carries a serious lesson underneath. By reading the “wrong ways,” you start seeing the “right ways” more clearly.

My aim is to help every reader reflect on their daily habits and understand how small behaviours shape a big future. This book is not to insult anyone, it is to awaken, guide, and motivate in a playful way.

If you read with an open mind, laugh a little, and think a little, this book will definitely change something inside you.

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INTRODUCTION

Why Learn the Art of Becoming Poor?

At first, the title may look strange. Why would anyone want to learn how to become poor? But this book is not truly about becoming poor, it is about understanding the mistakes that lead to a poor and confused life.

Many people do not fail because of lack of money, talent, or opportunity. They fail because of habits like:

- wasting time
- avoiding learning
- blaming others
- staying with negative people
- ignoring health
- refusing responsibility
- living without direction
- repeating the same mistakes

This book presents these habits in a humorous, exaggerated way so that readers can easily recognise them. It is like showing darkness so that you value the light.

Every chapter is written in simple English, with real-life examples and clear messages. You will laugh, you will relate, and you will think deeply about your own behaviour.

Remember: The real art is not “becoming poor.” The real art is **avoiding the actions that lead to a poor life**.

Let this book be your mirror. Let it show you what to avoid, so you can create a brighter, stronger, happier future.

Chapter 1

Introduction : Welcome to the Art of Becoming Poor

Welcome, dear reader, to one of the most unusual, entertaining, and eye-opening guides you will ever read. Most books teach you how to become successful, how to earn more, how to grow, and how to live your “best life.” But this book is different. Here, we will explore “reverse success” , a fun and creative way of showing how people actually ruin their own lives without even realising it.

This book is not truly about becoming poor; it is about understanding the habits, attitudes, and decisions that quietly push people towards failure. By presenting everything in a humorous and opposite manner, you will see your own mistakes with more clarity. Sometimes, the best way to understand the truth is to look at it from the opposite side.

Why Write a Guide on Becoming Poor?

Because no one talks about the mistakes people make.

Schools teach subjects, not life skills. Parents say “study well,” but nobody teaches “how to avoid destroying your future.” Motivational speakers talk about success formulas, but they rarely talk about the small everyday habits that block progress.

So this book acts like a playful mirror. It shows you the small behaviours that slowly ruin dreams. It highlights the silly habits that steal time, money, peace, and growth. It reminds you that sometimes we are the biggest obstacle in our own life.

By reading these “wrong steps,” you will learn the right ones automatically.

A Satire With a Purpose

Everything written here is meant to be humorous, but inside the fun, there is deep wisdom. When we laugh at our mistakes, we become free from them. When we look at our bad habits from a distance, we can finally change them.

So yes, this book will make you smile. It may also make you think. And it may even make you realise, “Oh no… I actually do some of these things!”

That is exactly the point.

Seeing Life Through a New Lens

The world is full of advice on:

- how to be productive
- how to be rich
- how to be confident
- how to be successful

But very few teach what *not* to do.

Sometimes avoiding mistakes is more powerful than learning new techniques. Sometimes removing bad habits brings more growth than adding new skills. This book helps you understand the art of becoming poor so you can master the art of avoiding it.

A Journey of Fun, Truth, and Self-Discovery

As you go through the chapters, you will meet many familiar characters:

- the time-waster

- the excuse-maker
- the drama-creator
- the negative friend
- the “tomorrow I will start” person
- the emotional decision-maker
- the person who blames everyone else
- and of course, the “I don’t need to improve” expert

These characters exist in all of us. Some have a small role, and some have a big role. This book will help you recognise them, understand them, and gently remove them from your life.

Rejecting Poverty of Mind, Heart, and Spirit

Becoming poor is not only about money. A person can be financially stable but emotionally poor. A person can be educated but mentally stuck. A person can be talented but lazy and unmotivated.

This book teaches you how to avoid:

- poverty of discipline
- poverty of purpose
- poverty of confidence
- poverty of health

- poverty of effort
- poverty of awareness

When you remove these invisible poverties, financial growth and personal success follow naturally.

A Friendly Warning Before You Begin

This book is humorous, but its lessons are serious. Take the messages to heart even if the wording makes you laugh.

Ask yourself:

- Do I waste my time?
- Do I make excuses?
- Do I live in comfort zone?
- Do I avoid learning?
- Do I spend without thinking?
- Do I blame others for my life?

If even one answer is “yes,” then this book will help you in a powerful and simple way.

Let the Journey Begin

So take a deep breath, relax, and step into this exciting world of “reverse wisdom.” By learning how to ruin your life, you will discover how to build it. By exploring the art of becoming poor, you will understand the true path to success. By laughing at these mistakes, you will avoid them forever.

Welcome to the journey. Welcome to the fun. Welcome to the truth.

Welcome to *The Art of Becoming Poor*.

Chapter 2

Waste Time Like a Champion

If you truly want to master the art of becoming poor, there is one golden rule you must follow: **waste time with full dedication.** Nothing blocks success more beautifully than treating every minute casually, carelessly, and without respect. Time is life. So if you want to ruin your life, start by ruining your time.

Time is the only resource that never comes back. But don’t worry, in this chapter, we will teach you exactly how to throw it away like a true expert!

Sleep Anytime, Wake Up Anytime

The first step to wasting time is simple: Forget about routine. Ignore discipline. Allow your body clock to live a confused and chaotic life.

- Sleep at 3 AM because reels were calling you.
- Wake up at 11 AM because alarm clocks are overrated.

- Start your day with zero energy and zero direction.

A disturbed sleep cycle is one of the easiest ways to block productivity. When your mornings are lost, your whole day becomes a piece of confusion. A perfect beginning for becoming poor.

Scroll Endlessly : Let the Phone Control You

Oh, the magical smartphone! The world's greatest time machine. One tap and suddenly three hours disappear without any notice. To waste time like a champion:

- Check your phone every 5 minutes.
- Scroll until your thumb gets tired.
- Watch reels until your mind becomes numb.
- Refresh your notifications even though nothing new is there.

This habit ensures your focus is destroyed and your mind is scattered. Congratulations! You are now a master at killing time.

Avoid Work Like an Artist

Some people are naturally hardworking. But you, you are a time-wasting artist.

So whenever work appears:

- Pretend you're tired.
- Tell yourself, "I'll do it later."
- Make excuses that sound logical but are totally useless.
- And never, ever start anything on time.

Work avoided today becomes stress tomorrow, and stress becomes failure. A wonderful recipe for becoming poor.

Delay Everything Important

Want to lose opportunities? Want to be confused in life? Want to stay stuck for years?

Then follow this golden rule: **Always delay your important tasks.**

- Assignments? Do later.
- Career plans? Think next month.
- Bills? Pay someday.
- Health check-up? Maybe next year.

Your future will soon become a collection of unfinished dreams and postponed responsibilities. Perfect.

Live Without a Plan : Let Life Drift Anywhere

People who value time make plans. People who waste time let life float like a leaf in the wind.

No goals. No direction. No priorities. Just go wherever your mood takes you.

A day without a plan easily turns into a day wasted. And wasted days become wasted weeks… and then wasted years.

The Invisible Cost of Wasting Time

When you waste time, it feels harmless. But slowly, silently, it steals your future.

You lose:

- confidence
- discipline
- clarity
- progress
- opportunities
- potential

And most importantly, you lose respect for your own life.

Time is not just minutes on a clock, it is the foundation of your dreams. Every minute misused is a step backward.

A Wake-Up Message Hidden in the Joke

Yes, this chapter is written in a playful way. But behind the humour, there is a deep truth:

Your relationship with time decides your relationship with success.

People who value time grow. People who waste time struggle. People who discipline time win.

So as you read this “guide,” ask yourself honestly:

- How many hours do I waste every day?
- How often do I delay things?
- Do I control my phone, or does my phone control me?
- Do I start my day with purpose, or do I wake up without direction?

Recognising the truth is the first step towards change.

Conclusion: Respect Time, Respect Life

The easiest way to become poor is to waste time.
The easiest way to become successful is to value it.

This chapter shows the “wrong path” so you can clearly see the right one. Time is precious, powerful, and limited. Use it wisely, and your life will rise. Waste it, and everything falls apart.

The choice is always yours.

Chapter 3

Master the Skill of Doing Nothing

If wasting time is the doorway to becoming poor, then **doing nothing** is the royal throne inside the palace. Many people work hard, push their limits, and keep improving. But not you, you are here to learn the elegant and effortless skill of avoiding everything that matters.

Doing nothing is not laziness; it is an art form. And once you master it, your goals will disappear beautifully on their own.

The Magic of Avoiding Action

Action creates progress, opportunities, and growth. So to become a true champion of failure, simply avoid all action.

Whenever something important comes up:

- Look away.
- Pretend you didn't hear it.
- Tell yourself you're "not in the mood."

- Sit comfortably and wait for the universe to work for you.

Remember, dreams cannot chase you. You need to move towards them. But if you decide not to move at all, life becomes wonderfully stagnant.

Goals? Who Needs Them?

People with goals rise. People without goals drift.

So if you want your life to feel like a long, confusing journey with no destination, keep your goals vague, or even better, don't have any.

Tell yourself:

- "I will think about my future later."
- "I want everything, but I don't want to plan anything."
- "Why set goals? Life is unpredictable anyway!"

Without goals, you will wake up each day without purpose. And a directionless life is the perfect foundation for long-term failure.

Responsibility : The Enemy of Comfort

Taking responsibility means growing, maturing, and becoming stronger.

But if you prefer comfort over growth, then responsibility is your biggest enemy.

So whenever something goes wrong:

- Blame your parents.
- Blame your teachers.
- Blame society.
- Blame traffic.
- Blame the weather.
- Blame destiny, planets, ghosts, anything!

Just don’t blame yourself. This is the easiest way to continue doing nothing without feeling guilty.

The Art of Saying “I’ll Start Tomorrow”

Tomorrow is every procrastinator’s best friend. It is a magic word that gives comfort without giving progress.

Whenever you think of starting something meaningful:

- Exercise? Tomorrow.
- Studying? Tomorrow.

- Career plan? Tomorrow.
- Life improvement? Definitely tomorrow.

Keep saying “tomorrow” until one day you look back and realise that months and years have passed, and nothing in your life has changed.

Beautiful, isn’t it?

Be Busy With Unimportant Things

Doing nothing doesn’t always mean sitting still. You can be “busy” all day without achieving anything.

Try these expert-level habits:

- Rearrange your phone apps for no reason
- Watch “just one more” video
- Talk for hours without purpose
- Organise your desk when you should be working
- Think about working instead of actually working

This creates the illusion of activity while achieving absolutely nothing.

Comfort Zone : Your Favourite Home

Nothing kills growth more perfectly than comfort. To master the skill of doing nothing, build a strong friendship with your comfort zone:

- Stay in the same routine
- Avoid challenges
- Avoid learning
- Avoid discomfort
- Avoid anything that feels tough

Comfort will slowly become your prison, soft, warm, and deadly for your dreams.

The Hidden Cost of Doing Nothing

At first, doing nothing feels peaceful. But slowly, it starts to take everything away:

- confidence
- purpose
- opportunities
- self-respect
- discipline
- ambition
- passion
- identity

Your life becomes dull, repetitive, and empty. Your mind becomes tired without doing anything productive. Your heart begins to feel restless because deep down, you know you are wasting your potential.

A Gentle Truth Inside the Joke

This chapter is playful. But its message is serious.

Avoiding action is the fastest way to destroy your future. Avoiding goals keeps you stuck in the same place. Avoiding responsibility makes you weak and helpless.

Growth happens when you move. Success happens when you act. Change happens when you take responsibility.

Conclusion: Doing Nothing Leads to Nothing

Mastering the skill of doing nothing is easy, and that is exactly the problem.

If you want your life to remain empty, do nothing. If you want your dreams to fade away, do nothing. If you want to become poor in mind, money, spirit, and purpose, do nothing.

But if you want to rise, move forward, and build a meaningful life, then break this pattern gently and begin today.

Every action you take becomes a step towards your future.

CHAPTER 4: Never Learn Anything New

A chapter dedicated to staying the same forever. Avoid books, skills, knowledge, and curiosity.

If Chapter 3 taught you the sacred art of doing nothing, then Chapter 4 brings you to the next level: **the divine path of remaining exactly as you are**. No change, no growth, no progress, just the same old self, day after day. Truly, what a peaceful way to live.

Why trouble your mind with new ideas? Why disturb your comfort with fresh knowledge? After all, the world is already full of people who are stuck; you can simply join them and relax.

Let us explore how to master the noble practice of *never learning anything new*.

1. Block the Doors of Curiosity

Curiosity is dangerous. It opens windows in the mind, lets in fresh air, and suddenly you start thinking differently. This is risky. So the first rule is simple: **Do not ask questions. Do not wonder. Do not explore.**

If something looks interesting, just look away. If a thought comes in your mind, close the door of the mind softly but firmly.

A still mind is peaceful, but a blocked mind is truly unshakeable.

2. Treat Books Like Dangerous Weapons

Books are full of thoughts. Once you read them, they start living inside you. They disturb your old beliefs and try to make you grow. So the safest method is: **Keep books far away.**

If someone gifts you a book, hide it under the bed. If someone recommends one, smile politely and immediately forget the name. If you ever feel tempted to read, lie down until the feeling goes away.

A mind that reads becomes a mind that questions. Better to remain loyal to your old thinking, it has served you well in keeping you exactly where you are.

3. Make Fear Your Favourite Teacher

New skills require courage. New knowledge requires effort. But effort is uncomfortable, and courage is tiring. So instead of learning, let fear guide you:

- Fear trying something new
- Fear failing
- Fear improving
- Fear changing your life

Fear is the perfect protector. It keeps you safe inside a small shell and makes sure you never break free.

Some people say “growth happens outside the comfort zone,” but who needs growth when comfort is already available?

4. Become Best Friends with Ignorance

Ignorance is a very loyal companion. It stays with you without demanding anything. It never asks you to work harder. And it never pushes you to aim higher.

In fact, ignorance is like a soft pillow, safe, warm, and comforting. Whenever someone tries to teach you something, hold your ignorance tightly like a blanket and whisper, “No thank you.”

The world may change, but you don’t have to. You can remain exactly as you were ten years ago, what a beautiful way to honour the past.

5. Stay Away from People Who Inspire You

There are dangerous people in this world, those who encourage you to learn, grow, dream, or evolve. If you meet such a person, run gently in the opposite direction.

Because inspiration is contagious. Once it touches you, you might start believing in yourself. And once you believe in yourself, you might accidentally learn something new.

Better to stay with people who think small, speak small, and expect small. They will make sure you never rise above the floor.

6. Repeat the Same Day Again and Again

The easiest way to avoid learning anything new is to create a perfect loop of days:

Wake up → Do the same routine → Think the same thoughts → React the same way → Sleep → Repeat.

A life with no variation is a life with no growth. And if every day looks the same, your mind will never get the chance to expand.

Some call it stagnation. You may call it stability.

7. Close the Windows of the World

The world is huge, colourful, and full of experiences. But why explore it when your room already has everything your comfort needs?

Traveling teaches. New cultures open the mind. Meeting new people adds wisdom.

So avoid all these risks. Stay wherever you are, physically and mentally. After all, if your world is small, your problems also remain small.

8. Be Proud of What You Don’t Know

Most people feel shy about their lack of knowledge. But not you, you can turn it into a badge of honour.

Whenever someone talks about something new, just shrug and say, “I don’t know, and I don’t want to know.”

Feel the power of that sentence. It keeps your world tiny and your mind peaceful.

Some people chase information. You, however, can choose to chase nothing.

9. Remember, Learning Leads to Change

This is the heart of the chapter. Learning changes a person. It expands their vision. It shifts their life. It opens new possibilities.

And if your goal is to avoid all of that, then avoiding learning is the perfect method.

Why become better when you can stay the same? Why upgrade your life when the old version still loads?

10. Staying the Same Forever

If you truly wish to stay the same forever, then keep your mind closed gently, like a flower at night that refuses to bloom in the morning.

Stagnation may seem like silence, but inside it, dreams slowly dry up like leaves in the sun.

But this chapter gently invites you: **If you ever wish to break this pattern, even a little curiosity can change your entire life.** The moment you open a book, learn a skill, or ask a question, the world begins shifting around you.

But until that day comes, follow the noble path of this chapter: **Never learn anything new. And you will remain exactly where you are safe, still, and unchanged.**

CHAPTER 5: Spend Money Before Earning It

How to become broke using EMIs, shopping addiction, and showing off on social media.

If you have followed the wisdom of the previous chapters, avoiding work, avoiding growth, avoiding learning, then you have already laid a strong foundation for a simple and stagnant life. But to complete this beautiful masterpiece, you must learn the ultimate modern skill: **spending money you don’t have.**

Why wait till you earn, save, or plan? Life is short, EMIs are long, and the temptation to look rich is stronger than the desire to become rich.

Let us explore the perfect path to financial destruction, slow, sweet, and stylish.

1. Master the Art of EMI Living

EMI is a blessing for those who want everything today and problems tomorrow.

Why save for a phone when you can cut your future into 24 small monthly payments? Why wait for a bike when the bank is ready to tie a rope around your neck with a smile?

EMIs give you the illusion of wealth while quietly stealing your tomorrow.

Every swipe, every signature, every agreement whispers gently: **“Pay later, worry later, fall later.”**

Truly, a poetic journey towards lifelong debt.

2. Buy Things You Don’t Need

Your home may be small, your salary may be smaller, but your desires should be huge.

The best way to stay broke is simple: **Spend money on things that only look useful.**

- A third phone cover
- A new pair of shoes when you already have five
- Gadgets you saw in a reel

- Makeup kits you'll use once
- Expensive perfumes to smell rich, even if your bank account smells empty

Every unnecessary purchase gives you a two-minute thrill followed by a two-month regret. What a beautiful emotional rollercoaster.

3. Make Shopping Your Therapy

Feeling sad? Buy something. Feeling happy? Buy something. Feeling bored? Definitely buy something.

Let shops become your temples and online carts your daily prayers.

Because nothing says "I love myself" like a parcel arriving at your door with the gentle reminder that you are financially unstable.

Treat your emotions with shopping instead of healing, and you will soon discover a magic truth: **The more you buy, the more empty you feel. The more empty you feel, the more you buy.**

A perfect, never-ending cycle.

4. Show Off on Social Media

What is the point of buying things if people don’t know you bought them?

So post everything: Your food, your clothes, your gadgets, your holidays, your EMI-powered lifestyle.

Even if you have no savings, let the world believe you have a hundred lifetimes of luxury.

Let likes become your currency and attention your bank balance.

Social media is the best place to look rich while quietly drowning in debt. Every post adds pressure to maintain the illusion. Every illusion demands a new purchase.

And thus begins the slow dance of ego and emptiness.

5. Compare Yourself with Everyone

Comparison is a powerful financial destroyer. When you see someone with a larger car, a bigger phone, or a better holiday, your heart whispers: “I also want it.”

Comparison opens the door to desire, which opens the door to debt.

Someone might be earning ten times more, but that should never stop you from matching their lifestyle proudly and foolishly.

Remember: **Comparison is the fastest way to spend money you don’t have.**

6. Avoid Savings Like They Are Dangerous

Savings create security. Security creates stability. Stability creates peace.

But peace is boring.

So avoid saving at all costs. Spend every rupee the moment it enters your account. Even better, spend it before it enters your account.

Tell yourself you will start saving someday. Someday is a magical day that never arrives.

7. Let Credit Cards Control You

Credit cards are not cards, they are silent traps wrapped in shiny plastic.

Swipe them freely. Swipe them boldly. Swipe them without checking your balance.

After all, the real shock will come next month when the bill arrives like a storm cloud ready to swallow your sleep.

People say credit cards should be used wisely. You, however, can choose to use them fearlessly.

Because nothing builds character like the panic of reading your own bill.

8. Borrow to Impress

Borrowing is the ultimate shortcut to artificial success. If you cannot afford something, the bank will happily help you pretend that you can.

Loans for cars you don’t need. Loans for lifestyle you don’t live. Loans for jewellery you will wear twice.

Borrowing gives you the sweet taste of luxury and the bitter aftertaste of regret.

The interest rate becomes the rent you pay for pretending to be someone you are not.

9. Destroy Your Future with Small Daily Expenses

Many people believe that big purchases cause financial problems. But the truth is far more poetic: **Small spending destroys silently.**

That daily coffee. That extra snack. That small subscription you forgot about. That “only ₹199” offer.

Drops fill the bucket. And one day, your bucket leaks, and you are left standing with empty hands.

10. The Path to Becoming Gloriously Broke

If you follow this chapter with dedication, EMIs, impulse purchases, credit cards, comparison, and showing off, you will achieve the ultimate result: **A financially fragile life.**

A life where money comes and goes faster than thoughts. A life where every month feels like a chase. A life where stress becomes your silent roommate.

But underneath this humour lies a gentle truth: You can break this cycle anytime. One small decision today can change your entire financial destiny tomorrow.

But until that moment arrives, continue this noble path of spending money before earning it.

Because nothing teaches you about life like hitting rock bottom.

CHAPTER 6: Follow Everyone, Ignore Yourself

Destroy your confidence by listening to random people instead of your own inner voice.

If you truly want to master the Art of Becoming Poor, here is one golden rule: **Never trust yourself.** Why listen to your own heart, your own mind, your own experience, when there are thousands of people outside ready to confuse you?

Your inner voice is silent, gentle, and honest. But the world outside is loud, noisy, and full of half-baked opinions. And nothing destroys a person faster than following every voice except their own.

Let us explore this beautiful path of self-doubt.

1. Let Everyone Decide Your Life

If you want to live a weak and confused life, then make sure every decision comes from someone else.

- Let relatives choose your career.
- Let neighbours choose your lifestyle.
- Let society choose your dreams.
- Let friends choose your confidence.

Why take responsibility when you can let others take control? Your life becomes a car with many drivers and no steering wheel.

The result is simple: **You go nowhere, very fast.**

2. Compare Yourself Until You Feel Small

Comparison is the quickest way to kill self-belief.

Look at someone richer and feel poor. Look at someone smarter and feel stupid. Look at someone prettier and feel ugly. Look at someone successful and feel like a failure.

Comparison is a thief, it steals peace, dreams, and identity. But if you love misery, keep comparing. Soon your confidence will shrink until it disappears completely.

3. Collect Advice Like Junk

Everyone has an opinion. Everyone knows “what you should do.” Everyone is an expert in your life except you.

So go and collect advice like you collect old receipts or empty boxes.

Listen to the uncle who never succeeded himself.
Listen to the friend who quits everything halfway.
Listen to the neighbour who only knows gossip.
Listen to the stranger on social media with no face and no real name.

The more random advice you follow, the more lost you will become. And that is exactly what we want, **complete inner confusion**.

4. Let Fear Control Your Decisions

Your inner voice quietly says, “Try.” The world loudly says, “Don’t.” To become poor in confidence, choose the louder voice.

Let fear guide your steps. Let doubt become your shadow. Let insecurity become your best friend.

Every time your heart tries to speak, silence it. Tell yourself: “I don’t know anything. Maybe they are all right. Maybe I am wrong.”

And slowly, your courage will evaporate.

5. Lose Yourself Trying to Impress Others

Trying to impress everyone is a full-time job with no salary.

Wear what others like. Say what others want to hear. Choose careers that make others proud. Post on social media just to get approval.

Live like a puppet, move like a puppet, think like a puppet. Because if you impress the world but lose yourself, congratulations, you have achieved the highest level of self-poverty.

6. Doubt Every Good Thought You Have

When your mind gives you a good idea, immediately reject it.

Tell yourself: “It won’t work.” “I am not capable.” “What if I fail?”

Kill your ideas before they are born. Destroy your dreams before they grow. This is how you train your mind to remain weak, frightened, and dependent on others.

7. Trust People Who Don’t Understand Your Journey

People can see your face, not your heart. They can see your actions, not your reasons. They can see your present, not your future.

But still, trust their judgement blindly.

If they say your dream is impossible, drop it. If they mock your ideas, believe them. If they tell you to stay small, shrink yourself willingly.

Your life becomes a story written by someone who does not even know the plot.

8. Forget That You Are Unique

The biggest tragedy is forgetting your own uniqueness.

You are not born to be a copy. You are not born to walk someone else's path. You are not born to silence your own voice.

But to stay truly lost, pretend you have no special gift. Pretend you are ordinary. Pretend you are nothing without other people's approval.

This will help you lose both identity and direction.

9. The Perfect Formula for Inner Poverty

When you follow everyone and ignore yourself, you achieve a dangerous but fascinating result:

- Your confidence becomes weak.
- Your decisions become confused.
- Your dreams become blurry.
- Your identity becomes lost.
- Your happiness becomes controlled by the world.

You become a traveller carrying a map drawn by strangers. You keep walking, but never reach your own destination.

10. A Gentle Truth Behind the Humour

This chapter is written in a fun and ironic tone, but the message beneath it is deep:

If you want to build a strong life, **learn to listen to your own voice first.**

Others may guide you, support you, inspire you. But your own heart must lead you.

The real art is not in following everyone, but in following yourself fearlessly.

CHAPTER 7: Surround Yourself With Negative People

How negative friends, gossipers, and jealous minds pull you down without you noticing.

If you truly want to master the noble Art of Becoming Poor ; poor in confidence, poor in dreams, poor in energy, then you must choose the right environment. And by “right,” we mean the *worst*.

Forget mentors. Forget positive company. Forget motivated souls. To destroy your life silently and beautifully, just surround yourself with:

- negative friends
- gossip lovers
- jealous minds
- lazy souls
- people who complain more than they breathe

These people will pull you down so gently, so naturally, that you won’t even realise how far you have fallen.

Let us explore how to create this perfect negative circle.

1. Make Complainers Your Best Friends

Complainers are magical people. They can find problems in everything, sunlight, rain, opportunities, work, even their own blessings.

Spend time with them long enough and their habit becomes yours.

Their favourite lines:

- “Life is unfair.”
- “Nothing works.”
- “What is the point of trying?”
- “Success is only for lucky people.”

Sit with them, eat with them, laugh with them, and soon you will learn the holy art of hopelessness.

2. Allow Gossip to Become Your Daily Entertainment

Gossip is the junk food of the mind. It tastes good for a moment, but fills your soul with toxicity.

When you surround yourself with people who gossip:

- you stop growing
- you stop thinking
- you stop focusing
- you start living other people's lives instead of your own

Gossipers love drama, not progress. They love faults, not solutions. They love noise, not wisdom.

Stay close to them, and your mind will become a noisy, dusty room with no space for good thoughts.

3. Keep Jealous People Close

Jealous people are experts in destroying confidence.

If you share your dreams, they will laugh. If you share your success, they will downplay it. If you share your struggles, they will enjoy it.

Their secret mission is simple: Make you feel small so they can feel big.

And when you stay with such people, you slowly start shrinking without realising it.

You begin doubting yourself. You stop celebrating your progress. You stop even dreaming big.

That is the slow poison of jealousy.

4. Choose People Who Fear Everything

If you want to stay stuck forever, surround yourself with those who fear change, fear effort, fear growth, fear life.

Their advice will always be:

- “Don’t try.”
- “What if you fail?”
- “This is risky.”
- “Stay where you are.”

These fear-driven minds will turn your courage into dust. They will tie invisible ropes to your feet and call it “protection.”

Soon you will not even dare to walk freely.

5. Make Lazy People Your Inspiration

Lazy people have one talent, pulling down anyone who tries to rise.

Sit with them and they will infect you with their:

- laziness
- procrastination
- excuses
- dreamy talk without action

Their favourite activity is doing nothing but expecting everything.

Spend enough time with them and you will slowly start adopting their habits, waking late, quitting early, dreaming big but doing nothing.

6. Let Negative Energy Rule Your Life

Negativity is contagious. If one negative person enters your life, it spreads like smoke in a closed room.

Soon your thoughts become heavy. Your mood becomes dull. Your hope becomes weak. Your future becomes blurry.

Negative people steal your peace with tiny needles, a small comment, a raised eyebrow, a sarcastic laugh.

And one day you wake up with no confidence left.

7. Feel Comfortable in a Toxic Environment

The saddest part of negativity is this: You get used to it.

What is unhealthy starts feeling normal. What is draining starts feeling comfortable. What is harmful starts feeling familiar.

You stop realising that these people are not your friends, they are your silent obstacles.

A toxic environment is like slow rain. You don’t notice each drop, but over time, it completely soaks you.

8. Forget That Environment Shapes Destiny

Your environment is more powerful than your intentions. Even a bright candle cannot shine in a room full of smoke.

If you stay with negative people, your thoughts darken, your dreams shrink, your attitude weakens, and your spirit dulls.

A bad environment can break the strongest person slowly and beautifully.

9. The Perfect Formula for Ruining Your Life

If your goal is to become emotionally and mentally poor, this chapter's formula is perfect:

- Find negative friends
- Stay with gossipers
- Trust jealous minds
- Listen to fear-driven people
- Follow lazy companions

You will lose your direction, your ambition, your discipline, your happiness, and finally, your future.

A negative environment is the most silent assassin of success.

10. The Truth Hidden Beneath the Humour

This chapter is written in a fun and ironic tone, but its message is very real:

Your life grows or collapses based on the people around you.

If you want strength, walk with strong people. If you want courage, walk with brave people. If you want success, walk with wise people. If you want peace, walk with kind people.

And if you want to avoid the path of poverty, avoid the company of negativity.

The right people can lift your life. The wrong people can sink it.

Choose wisely.

CHAPTER 8: Believe Only in Luck, Not Hard Work

The art of dreaming big but doing nothing, a sure path to lifetime struggle.

If you truly want to achieve the highest level of helplessness in life, here is a secret formula: **Expect everything, do nothing.**

Why stand up when you can sit? Why sit when you can lie down? Why work when you can wait for the universe to magically drop blessings into your lap?

Let us now explore how to make “luck” your only strategy and “hard work” your greatest enemy.

1. Wait for Miracles Like They Are Home Delivery

Success requires effort, but miracles require nothing. So why choose the harder path?

Sit comfortably and wait for opportunities to knock on your door. Wait for wealth to fall from the sky. Wait for success to come searching for your address.

Tell yourself: “One day my big break will come.” “One day God will send a special blessing.” “One day everything will change magically.”

Meanwhile, years pass, dreams fade, and life remains the same, calm, quiet, and empty.

2. Dream Without Lifting a Finger

Dreaming is free, so dream big. Build castles in the air. Plan grand futures in your mind.

But never take even the smallest step toward those dreams.

Say things like:

- “I will become rich someday.”
- “I will start my business soon.”

- “I will change my life next month.”

Just don’t do anything today.

Dreams without action are like birds without wings, they look beautiful, but they never fly.

3. Believe Luck Is Everything, Hard Work Is Nothing

Luck is a mysterious, magical word. It protects you from responsibility. It saves you from effort. It allows you to blame destiny for everything.

Didn’t get the job? Bad luck. Didn’t pass the exam? Bad luck. Didn’t start that project? Not your fault, bad luck.

Luck becomes your shield and your excuse. It gives comfort in the short term and disaster in the long term.

4. Admire Successful People but Ignore Their Effort

When you see someone succeed, don’t look at their years of struggle. Ignore their sleepless nights. Ignore their learning, their risks, their sacrifices.

Just say: “They are lucky.” “They had connections.” “They had support.”

This way, you can keep your ego intact while avoiding any real work.

Success becomes something magical and unreachable, not something you can build with discipline.

5. Run Away From Every Form of Effort

Effort is painful. Consistency is boring. Hard work is tiring.

So avoid them all.

If something requires effort, quit immediately. If something takes time, drop it. If something needs discipline, pretend you never wanted it.

Your new motto: “If it doesn’t come easily, it is not for me.”

This ensures you will never grow beyond your comfort zone.

6. Depend Completely on Fate

Let fate be your manager, your decision-maker, your career planner.

Whenever faced with a choice, shrug and say: “Jo hoga, dekha jayega.” “What has to happen will happen.”

This attitude beautifully removes all responsibility from your shoulders. It turns your life into a leaf floating on water, drifting anywhere the current takes it.

No direction. No strategy. No purpose.

7. Blame Destiny for Everything

Destiny becomes a convenient trash bin, throw all your failures into it.

Didn’t work hard? Blame fate. Didn’t try? Blame fate. Didn’t improve? Fate again.

It makes life easier because you never have to look in the mirror. You can stay comfortably in the same place and still feel like the victim.

8. Fear Hard Work Like It’s Dangerous

Hard work is not dangerous, but it does have side effects, like progress, confidence, and success.

So if your aim is to stay poor in achievement, always stay away from effort.

Tell yourself that hard work is for people who don’t believe in blessings. Tell yourself that things will come when the time is right. Tell yourself that others are lucky but you are not.

Fear effort, embrace excuses.

9. Celebrate Small Dreams and Avoid Big Action

Small dreams require no courage. Big dreams require work. So choose small dreams that give emotional comfort but zero growth.

You can dream beautifully as long as you don’t try to make them real. This keeps hope alive but progress dead.

You float in a sea of imagination without reaching any shore.

10. The Perfect Formula for Lifelong Struggle

If you follow this chapter sincerely; waiting, wishing, dreaming, blaming, fearing, you will master the art of lifetime struggle.

A life where you feel stuck but don’t know why. A life where others move forward while you stay in the same place. A life filled with regret wrapped in laziness.

Luck becomes your only hope. Hard work becomes your biggest enemy. And life becomes an endless waiting room.

11. The Truth Behind This Playful Lesson

This chapter, like the rest, uses humour to reveal a serious truth:

Luck may give opportunities, but only hard work turns them into reality. Luck may open one door, but effort builds the entire house.

Dreams without action lead to regret. Action without excuses leads to growth.

If you want to rise, work. If you want to shine, try. If you want to change, move.

The real magic begins where effort meets faith.

Chapter 9: Run Away From Responsibility

Blame government, parents, weather, planets, neighbours, blame everyone except yourself.

Many people say they want peace, success, or a better life. But when it is time to take responsibility, they suddenly become faster than a marathon runner. They run away. They disappear. They blame the whole world except the person in the mirror.

It is easier to say, *“What can I do? The system is bad.” “My parents never taught me.” “The planets are not in the right alignment.”*

Blaming others gives a small and temporary comfort. For a moment, we feel innocent. We feel safe. But in reality, this habit becomes our biggest enemy. It steals our power silently, day by day.

The Comfort of Blame

Blaming is sweet in the beginning. It gives mental relief. If something goes wrong, you don’t need to change anything, just point a finger at someone else. This is why many people love blame. It removes guilt but also removes growth.

You can blame the government for your failures. You can blame your neighbour for your unhappiness. You can blame the weather for your laziness. You can even blame Mercury retrograde for your bad decisions.

But none of these things will move your life forward even one step.

The Weight of Avoiding Responsibility

When you avoid responsibility, life becomes heavier. You may think you are escaping, but actually you are creating a burden on your own shoulders. A person who avoids responsibility loses confidence, courage, and clarity. Day by day, they start believing:

“I cannot change anything.” “I am stuck.” “This is my destiny.”

But destiny is not a punishment. It is simply the result of the choices we make daily, choices we try to escape.

Why We Run Away

People run from responsibility for many reasons:

- **Fear of failure** : “What if I try and it doesn’t work?”
- **Desire for comfort** : “Why take effort when I can relax?”
- **Habit** : “I have always blamed others. This is easy.”
- **Pride** : “Accepting responsibility means admitting I was wrong.”

But growth begins the moment we stop running.

Taking Responsibility Gives Power

Responsibility is not a burden. It is power. The day you say:

“This is my life, and I am responsible for it,” your world begins to change.

Responsibility means you have the steering wheel of your life in your own hands. You may not control everything, but you definitely control your actions, your reactions, and your direction.

When you take responsibility:

- You stop waiting for others to save you.
- You become stronger from inside.
- You develop discipline and purpose.
- You gain respect, first from yourself, then from others.

Life becomes lighter because you are no longer escaping anything.

Small Acts of Responsibility Create Big Change

You don’t need to take giant steps. Even small acts matter:

- Waking up on time
- Finishing what you start
- Keeping your promises
- Saying “I made a mistake” without fear
- Correcting your behaviour instead of giving excuses

These small steps build a powerful and responsible character.

Stop Blaming, Start Becoming

Real maturity begins when you stop blaming and start becoming, becoming the person who can build, who can change, who can rise. Instead of saying:

“It is not my fault,” learn to ask: “What can I do now?”

Instead of running away, try standing still, taking a breath, and owning your life.

Responsibility Is Freedom

In the beginning, responsibility may feel heavy. But once you accept it, a beautiful thing happens you become free. Free from excuses. Free from fear. Free from helplessness.

Responsibility is not a cage. It is the key that opens the door to a meaningful life.

Chapter 10: Create Drama, Not Discipline

How emotional overreaction can kill focus, productivity, and peace.

Many people say they want a peaceful and successful life, but their daily actions tell a different story. Instead of practising discipline, they prefer to create drama. Instead of responding calmly, they overreact emotionally. Instead of focusing on solutions, they spend hours discussing problems.

Drama is attractive. It gives instant attention, instant excitement, and sometimes, instant sympathy. But the cost is very high, it kills your focus, drains your energy, and steals your peace.

The Sweet Poison of Emotional Overreaction

Drama often begins with a simple thought like: *“Why did he say that?” “Why is she behaving like this?” “Why is my life always so difficult?”*

These small thoughts grow big very quickly. In one moment you are calm, and in the next moment you are angry, upset, or hurt. Emotional overreaction is like pouring petrol on a small spark, suddenly the whole mind is on fire.

For a short time, drama feels powerful. You feel important. You feel like the world must listen to you. But slowly you realise that emotional storms do not solve anything. They only make life more complicated.

When Drama Becomes a Habit

Drama is not always created on purpose. Sometimes it becomes a habit, a pattern repeated every day:

- Overthinking small issues
- Jumping to conclusions
- Reacting without understanding

- Making everything personal
- Feeling offended by simple things
- Complaining loudly instead of acting quietly

A dramatic mind cannot stay focused for even five minutes. It keeps jumping, reacting, worrying, imagining, and judging.

With such a mind, discipline becomes impossible.

Drama Destroys Focus

Focus needs silence. Drama creates noise. Focus needs calmness. Drama brings chaos.

When emotions control you, your attention breaks easily. Even a small issue becomes a big distraction. One argument can spoil your whole day. One negative message can kill your motivation. One misunderstanding can stop your progress completely.

A person lost in drama cannot achieve anything meaningful because their energy is always leaking away.

The Price You Pay for Drama

Emotional overreaction may feel powerful in the moment, but soon you start paying the price:

- **Peace disappears** : mind becomes restless.
- **Productivity decreases** : work slows down.
- **Relationships suffer** : people get tired of constant emotional storms.
- **Health is affected** : stress becomes a daily companion.

Drama gives temporary heat but leaves long-term damage.

Discipline Is the Opposite of Drama

Discipline is not about being strict. It is about being stable. It is the ability to stay calm when everything else is noisy. It is choosing action over reaction, clarity over confusion.

While drama wastes energy, discipline channels it. Discipline focuses the mind like a beam of light. It builds confidence, strength, and self-respect.

Discipline says, “I will respond wisely.” Drama says, “I will react wildly.”

How to Shift From Drama to Discipline

This shift does not require magic. It requires awareness and small daily changes:

- Pause before reacting.
- Breathe before speaking.
- Think before judging.
- Listen before assuming.
- Reflect before blaming.

Slowly, your mind becomes steady. Instead of being a slave to emotions, you become their master.

Emotional Maturity Brings Freedom

A mature mind does not avoid emotions, it understands them. It knows that not every feeling needs action. Not every thought needs attention. Not every situation needs drama.

When you stop reacting to everything, you start responding to what truly matters. Your life becomes peaceful, productive, and purposeful.

Choose Peace Over Performance

Drama is a performance. Discipline is a practice.

Drama makes life noisy. Discipline makes life meaningful.

Every day, you have a choice, to create unnecessary emotional storms or to build inner peace. The world may tempt you with drama, but only discipline will help you grow.

When the heart is calm and the mind is steady, success becomes natural, and peace becomes your constant companion.

Chapter 11: Fear Change Like a Professional

Never take risks, never leave the comfort zone, and never try anything new.

If you truly want to master the art of becoming poor not only financially, but also mentally and spiritually then you must learn one great skill: **fear change like a professional**.

Change is the doorway to growth, but if you are dedicated to staying stuck, then you must avoid that doorway at all costs. The best way to remain exactly where you are is to stay inside your cozy comfort zone and treat any new opportunity as a dangerous threat.

The Comfort Zone: A Beautiful Prison

Comfort feels safe, warm, and familiar. It's like sitting under a warm blanket on a cold morning pleasant but dangerous. If you stay too long, you forget that there is a world outside.

Many people build their entire life inside this comfort zone. They do the same work every day. They talk to the same people. They think the same thoughts. They follow the same routines.

Their life becomes predictable, calm, and slowly… empty.

But for someone who wants to avoid growth, this is perfect. Change brings challenges, and challenges bring effort, and effort is strictly against the principles of becoming poor.

Why Fear Change? Here Are the Best Reasons

If you want to specialise in avoiding success, be sure to use these top-quality excuses:

- "What if I fail?"
- "What if people laugh at me?"
- "What if things go wrong?"

- “What if I look foolish?”
- “What if I am not good enough?”

These “what ifs” are powerful weapons. They can stop your dreams even before they begin. Just keep repeating them until your courage becomes completely silent.

Make Risks Your Enemy

Every successful person has taken risks. Every unsuccessful person has avoided them.

So naturally, if your goal is to remain stuck, you must run away from risks like a mouse running from a hungry cat. Even small risks should look dangerous to you:

- Trying a new skill? Too risky.
- Meeting new people? Very risky.
- Starting a side business? Highly risky.
- Changing your routine? Unthinkably risky.
- Speaking your mind? Extremely risky.

Better to sit quietly, do nothing, and watch the world move ahead without you.

The More You Avoid, the Smaller You Become

When you fear change, your world becomes smaller. Your dreams shrink. Your confidence fades. Your spirit becomes dull.

Life becomes a repeated loop of yesterday. Every day looks the same. Every year feels identical. Nothing grows, not your skills, not your opportunities, not your happiness.

But remember, this chapter is about mastering the art of staying poor. And staying small is the secret ingredient.

Comfort Zone Gives Illusion, Not Security

The comfort zone pretends to protect you, but in reality, it traps you. It keeps you safe from danger, but also safe from growth. It keeps you away from failure, but also away from success. It keeps you comfortable, but also keeps you ordinary.

No great story begins with, “I sat on my sofa and stayed there forever.”

Life demands movement. But if you fear change professionally, you can avoid all movement with great efficiency.

Change Looks Scary Only Until You Try

The truth is simple: Change is scary only in the beginning. Once you take the first step, fear becomes small and courage becomes strong.

But this chapter is not about truth, it is about teaching you how to avoid the truth. So whatever you do, do NOT take that first step. Stay right where you are, and let fear guide your decisions.

The Art of Staying Still While Life Moves On

Time is moving. The world is changing. People are growing. Opportunities are flowing.

If you want to remain in the same place, you must learn the art of staying still while everything else moves ahead. Just hold tightly to your comfort zone, close your eyes, and pretend nothing is changing.

This is the easiest way to become outdated, unprepared, and eventually, disappointed.

Fear Is a Master, Until You Decide to Stop Obeying

Fear only controls those who obey it. The moment you take even a tiny step forward, fear begins to lose power. But if your goal is to avoid change, never take that step.

Protect your fear. Feed it. Listen to it. Let it decide your future for you.

In the End, Change Is a Choice

Life will always give you two roads:

- One road leads to growth, courage, and new beginnings.
- The other leads to comfort, fear, and the same old life.

This book teaches you the second road, the road that stops you from reaching your real potential. Because the moment you start embracing change, everything you learnt in previous chapters will fall apart.

So remember: If you truly want to master the art of remaining poor, never try anything new, never step out of your comfort, and fear change like a true professional.

Chapter 12: Destroy Your Health Slowly and Silently

A guide on skipping exercise, sleeping late, eating junk, and ignoring your body completely.

If you truly wish to master “The Art of Becoming Poor,” you must remember one golden rule: **A weak body creates a weak life.**

Nothing destroys your future faster than destroying your health. And the best part? It is extremely easy to do. You can damage your body slowly, silently, and comfortably, without even noticing.

Let us understand how to do it like a true professional.

Step 1: Treat Your Body Like a Second-Hand Machine

Your body is the vehicle that carries you through life. But if you want a life full of struggles, sorrow, and low energy, then treat your body exactly the way you treat old junk:

- Don’t maintain it.
- Don’t repair it.
- Don’t rest it.
- Don’t nourish it.
- Don’t listen to its warnings.

Pretend your health is indestructible. Act as if nothing will ever go wrong. This attitude alone can guarantee long-term suffering.

Step 2: Become Best Friends With Junk Food

The fastest way to destroy your health is through your stomach. For this, build a beautiful bond with:

- oily pakodas
- spicy momos
- creamy pizzas
- sugary colas

- midnight chips
- instant noodles
- and anything that shines with extra oil

Eat it with pride. Eat it with joy. Eat it even when you're not hungry.

Tell yourself the most powerful lie: "Life is short. Let me enjoy."

You will surely enjoy, until your energy, digestion, and peace of mind start crying silently.

Step 3: Sleep at Any Time Except the Right Time

Humans need sleep like phones need charging. But if your mission is to become mentally dull and physically tired, then follow this perfect rule: **Sleep late, wake up late, and complain early.**

Scroll your phone till 2 a.m. Watch reels till your eyes feel heavy. Tell yourself, "Just one more video," for 300 more videos.

This ensures that your mind remains foggy, your mood remains irritated, and your entire day remains unproductive.

Step 4: Avoid Exercise Like a Dangerous Animal

Exercise is the biggest enemy of becoming poor.

Why? Because exercise gives you:

- discipline
- energy
- confidence
- focus
- strength
- mental clarity

All these things are extremely dangerous to your goal of staying stuck in life.

So avoid walking. Avoid stretching. Avoid moving. Even avoid standing when sitting is possible.

Make your body stiff, slow, and weak. A weak body slowly becomes a weak mind, which is exactly what you need to destroy your potential.

Step 5: Ignore Every Signal Your Body Sends

Your body speaks. It whispers. It warns. It begs.

But if you want to destroy your health, do not listen to any of it.

- Stomach pain? Ignore.

- Back pain? Ignore.
- Fatigue? Ignore.
- Headache? Take a painkiller and ignore.
- Stress? Shout at someone and ignore.

Keep pushing every warning aside. Your body will eventually stop sending signals and start sending bills.

Step 6: Stay Indoors and Avoid Sunlight

Sunlight gives energy, Vitamin D, mood balance, and fresh mind. These are all very dangerous things if you want to remain weak.

So make your room your entire universe. Wake up with the curtains closed. Spend your day in dim light. Let your muscles forget how to live in the real world.

Slowly, even a short walk will feel like climbing Everest.

Step 7: Drink Anything Except Water

Water keeps you alive, but soft drinks keep you unhealthy, so choose wisely. If dehydration is your goal, then coffee, tea, energy drinks, and sweet sodas should be your daily companions.

Drink everything except the one thing your body actually needs.

The Silent Damage You Won’t Notice Until It’s Too Late

The beauty of destroying your health is that it happens slowly. You won’t feel it today. You won’t feel it tomorrow. It grows quietly, like a shadow behind you.

One day suddenly:

- You feel tired for no reason.
- You lose motivation.
- Your body becomes heavy.
- Your mind becomes dull.
- Your emotions become unstable.

This is the price of ignoring your body.

Your Body Is Your First Home

Your body is the only home you live in forever. If you break it, you break your entire life. If you weaken it, everything else becomes weak.

But remember, this book teaches you the *reverse* way. So if your goal is to become poor in spirit, energy, and happiness, then destroying your health is a brilliant strategy.

Just follow the silent formula:

Eat badly. Sleep badly. Move rarely. Listen never.

Within a few years, your body will become your biggest obstacle, and life will become a daily struggle.

A perfect achievement for a student of *The Art of Becoming Poor.*

Chapter 13: Ignore Opportunities Like a Master

Say “Later” and “Tomorrow” to every chance that could improve your life.

If there is one habit that can guarantee lifelong struggle, it is this: **Ignore every opportunity that comes your way.**

Opportunities are the bridges that lead you from where you are to where you want to be. But if your dream is to stay exactly where you are or even move backward then you must treat opportunities like unwanted guests.

And the easiest way to do that? Two magical words: **“Later”** and **“Tomorrow.”**

These two words have quietly destroyed more dreams than failure ever has.

The “Later” Lifestyle

“Later” is a simple word, but extremely powerful. It can kill even the biggest dreams without making any noise.

Whenever life offers you:

- a new skill to learn
- a job opportunity
- a chance to earn
- an invitation to grow
- a space to speak
- a moment to act

Just say, **“Later.”**

Later is the favourite word of people who believe that life will wait for them. But life never waits. Opportunities do not wait. Time definitely does not wait.

Only regrets wait, and they wait forever.

The Comfort of “Tomorrow”

If “Later” doesn’t do the job, then “Tomorrow” surely will.

Tomorrow is the safest place to hide all your dreams. You can place everything in it your goals, your plans, your improvements, your ideas and they will all disappear quietly.

Want to start studying? Tomorrow. Want to begin a business? Tomorrow. Want to exercise? Tomorrow. Want to change your life? Tomorrow.

“Tomorrow” gives you the illusion of intention, without the responsibility of action. It is the most beautiful trap ever invented by the human mind.

Opportunities Come Softly but Leave Silently

Life rarely shouts. It whispers. And opportunities come in those whispers.

You rarely get a big loud announcement saying: “This is a chance to change your life!”

Instead, opportunities come disguised as:

- a small invitation

- a simple idea
- a casual meeting
- a random suggestion
- a sudden inspiration
- a tiny door opening

They appear ordinary, but they carry extraordinary possibilities. If you ignore them, they quietly walk away and knock on someone else’s door.

The Art of Making Excuses

To become a true master of missing opportunities, you must learn to make excuses with confidence. Some classics include:

- “I’m not ready yet.”
- “This is not the right time.”
- “Let me think about it.”
- “I’m too tired.”
- “What if it doesn’t work?”
- “I will try next week.”

Repeat these excuses until you begin to believe them. Once you believe them, your future is guaranteed to remain unchanged.

How Opportunities Punish Those Who Ignore Them

The punishment for ignoring opportunities is not loud or immediate. It happens slowly:

- your dreams feel distant
- your confidence weakens
- your chances reduce
- your energy drops
- your heart grows frustrated
- your life feels stuck

This silent punishment is far more painful than failure. Failure at least teaches you something. But laziness teaches nothing, and costs everything.

The World Belongs to Those Who Act

Every successful person in history had one powerful habit: They acted when opportunities arrived. They said “yes” to growth, even when afraid. They took that one small step.

But remember, this book is not about becoming successful. Here, we celebrate the opposite path.

So your mission is simple: When life opens a door, close your eyes. When life offers a chance, turn your head. When life invites you forward, walk backward.

This is the true art of becoming poor, not financially alone, but poor in experience, growth, confidence, and joy.

Opportunity Has a Heart : It Loves the Brave

Opportunity is like a shy visitor. It enters quietly. It waits gently. It leaves silently.

But it always stays with the brave. If you say “yes,” it walks beside you. If you say “later,” it walks away.

So if you want to stay unsuccessful, keep ignoring it. Keep delaying. Keep postponing.

It works like magic, the magic of regret.

In the End, Every “Later” Becomes “Never”

This is the greatest truth you must remember: **What you postpone today becomes impossible tomorrow.**

Opportunities are like morning dew once the sun rises, they disappear.

So if you want to remain stuck, hopeless, and directionless, then congratulate yourself.

Just keep saying “later” and “tomorrow,” and you will become a true master of missing every chance life gives you.

Chapter 14: Make Emotional Decisions Only

Let feelings control everything : money, relationships, career.

If you truly want to master the art of ruining your own progress, then this chapter is your golden treasure. The secret is simple: **Do not think. Just feel.** Let your emotions drive your life like a reckless auto driver in full speed.

Logic creates order. Emotions create chaos.

And for someone dedicated to becoming poor in mind, money, and wisdom, chaos is a priceless gift.

Feel First, Think Never

Most people take time to think before making decisions. But this chapter teaches the opposite.

Act immediately. React instantly. Decide quickly.

Never stop to ask:

- “Is this the right choice?”
- “Will this help me in the long run?”
- “Is this good for my future?”

These questions are dangerous because they can save your life. Avoid them.

If something feels exciting, do it. If something feels scary, avoid it. If something feels boring, abandon it. Let your mood be your boss.

Your emotions may be temporary, but their consequences can be permanent.

Exactly what we want.

Money Decisions: Let Your Heart Misguide You

Money requires planning, discipline, and patience. But who needs all that? Use pure emotion while spending.

If your heart says, “Buy that phone!” , buy it. If your mood says, “Order food!” , order it. If your mind says nothing , even better.

Avoid budgeting. Avoid saving. Avoid thinking.

Just follow your impulses.

And to add extra damage, convince yourself with emotional lines like:

- “I deserve this.”
- “Life is short.”
- “Everyone else has it.”
- “I will manage somehow.”

This is the fastest way to drown in regret later.

Relationship Decisions: Let Drama Lead the Way

In relationships, logic brings peace. Emotion brings storms. And storms are exactly what you need if you want your life to become a dramatic serial.

Make every decision based on:

- anger
- jealousy
- fear
- insecurity
- sadness
- ego

If someone forgets to message you, assume they don’t love you. If someone disagrees with you, assume they are against you. If someone gives honest feedback, assume they hate you.

React immediately. Do not clarify. Do not communicate. Do not listen.

Break friendships in one moment. Start arguments without reason. Say things you cannot take back.

This is how you destroy meaningful relationships with style.

Career Decisions: Emotions Are the Worst Guide : So Follow Them

Career growth requires patience, decisions, and stability. But to become poor, your career choices should depend only on temporary feelings.

If work feels boring today, resign. If the task is hard, quit. If someone criticises you, leave the job. If you feel tired, stop trying.

Never ask:

- “What is best for my long-term growth?”
- “What skills do I need to learn?”

- “Is this discomfort helping me grow?”

These are success questions. You must avoid them.

Let your emotions decide everything, frustration, fear, laziness, anger, excitement. They will surely mislead you, and your future will thank you… with disappointment.

The Power of Impulsive Choices

Impulsiveness is a beautiful quality for anyone practicing the art of becoming poor.

Impulsive choices guarantee:

- unnecessary stress
- long-term regret
- broken relationships
- unstable career
- mental confusion
- emotional exhaustion

And the best part? You will always feel you had “no choice,” because you never paused to think.

Logic Is Boring, Emotion Is Fun

Logic asks for patience. Emotion asks for reaction.

Logic calms the mind. Emotion shakes the soul.

Logic leads to clarity. Emotion leads to chaos.

And what is more entertaining than a life full of emotional chaos? It keeps your mind busy, your heart tired, and your progress destroyed.

The Silent Cost of Emotional Living

Here is the truth you will discover later in life:

- Decisions made without thinking often break your future.
- Emotions change, but their damage remains.
- Acting in anger leads to shame.
- Acting in fear leads to missed chances.
- Acting in excitement leads to unnecessary losses.

But this book is not about saving your life, it is about showing the reverse path.

So if you want to stay stuck forever, choose emotion over logic every single time.

Let your feelings be the captain of your sinking ship.

In the End, Emotion Without Direction Is Destruction

Feelings are beautiful, but only when guided by wisdom. Without wisdom, they become wild horses, dragging you anywhere they want.

So if your dream is to stay confused, broke, and restless, then remember:

Do not think. Do not pause. Do not reflect. Just react.

And with this one habit… your journey on the path of becoming poor will be amazingly successful.

Chapter 15: Be Proud of Your Bad Habits

A chapter showing how stubbornness and ego keep people stuck in the same place

Some people carry their bad habits like medals on their chest. They speak with pride about things that are silently destroying their peace, their health, and their future. Instead of feeling the need to change, they feel the need to defend themselves. This is the great art of staying stuck and many people master it without even realising.

In this chapter, we explore how ego, stubbornness, and false pride can become chains around the mind. These chains look invisible, but they hold a person tightly, not allowing them to move forward even one step.

The Comfort of Bad Habits

Bad habits often begin as small choices, things that look harmless. A little laziness, a little anger, a little gossip, a little overspending, a little overeating. But slowly, these “little” things become a part of your personality. And once they settle, you begin to protect them.

It is easier to say, *“This is who I am.”* than to say, *“I need to improve.”*

Bad habits give a strange comfort because they allow you to avoid effort. They let you live life on auto-pilot. No discipline, no change, no discomfort. Many people enjoy this comfort so much that they will never admit anything is wrong.

When Ego Becomes a Shield

Ego is a very clever protector. It whispers: *“You don’t need to change. Others should adjust to you.” “Why listen to advice? You already know everything.”*

With this attitude, any suggestion feels like an insult. Any correction feels like an attack. Any guidance feels like someone trying to control you.

And so, the person shuts their ears and closes their mind. They walk proudly with their flaws, believing they are signs of strength.

But ego is not strength. Ego is fear fear of accepting the truth.

Stubbornness: The Heavy Stone on the Path

Stubbornness makes a person stand in the same place for years. No matter how much life shows them signs, no matter how much the world tries to push them forward, they remain rooted.

Stubbornness says: *“I will not change, even if I am suffering.”*

And this is how people remain stuck in the same cycle:

- Same anger issues
- Same unhealthy routines
- Same money problems
- Same mistakes in relationships
- Same excuses
- Same frustrations

Life repeats itself like an old broken film. The scenes remain the same because the actor refuses to learn a new script.

Defending Bad Habits Like Precious Treasures

Some people defend their bad habits with such passion that you would think they are protecting gold.

They say:

- “I get angry because I care.”
- “I drink because I need to relax.”
- “I procrastinate because I think better under pressure.”
- “I overspend because life is short.”
- “I don’t apologise because I’m not weak.”

These explanations sound stylish, but they are only shields. They are ways of avoiding responsibility.

A person can spend half their life creating excuses and the other half cleaning the mess created by those excuses.

The Illusion of Pride

Pride in bad habits is a silent poison. It feels good in the moment, but it slowly eats away confidence, respect, and opportunities.

True pride comes from strength. False pride comes from weakness.

True pride lifts your life. False pride keeps you trapped.

The worst part is that many people lose precious years without realising that their own habits are holding them back. They think the world is against them, when in reality, it is their own behaviour that blocks their growth.

The Mirror You Avoid

Deep inside, everyone knows which habits are holding them back. The problem is not ignorance; the problem is avoidance. It is painful to look in the mirror and see the truth.

So people keep avoiding that mirror. They keep pretending everything is fine. They keep walking proudly with their bad habits like royal ornaments.

But the truth does not disappear. It waits. And one day, it demands attention.

A Silent Message

This chapter is not to insult anyone. It is a gentle reminder:

You are not stuck because life is unfair. You are stuck because your habits are stronger than your willingness to change.

But the beautiful thing is, habits can be changed. Ego can be softened. Stubbornness can be released. Pride can be transformed into humility.

The first step is simply to stop celebrating the things that are harming you.

Conclusion

When you are proud of your bad habits, you are giving them strength. When you defend them, you feed them. And whatever you feed becomes stronger.

Life improves only when you stop protecting the things that are damaging you.

Change is not a punishment. Change is a gift.

But you cannot receive this gift unless you put down the weight of ego and stubbornness.

The moment you stop being proud of your bad habits, a new door opens. And behind that door is a life that is lighter, clearer, and more peaceful.

Chapter 16: Expect Success Without Any Sacrifice

Dream big, work tiny, complain loudly, the perfect formula for failure

Many people love the idea of success. They imagine a shining future, a beautiful life, and a grand story. They dream of wealth, respect, freedom, fame, and comfort. Their minds travel far, but their feet remain still.

This chapter explores the mindset that wants everything without giving anything. The mindset that believes success is a blessing that should fall from the sky, not a responsibility that must be earned. It is the art of dreaming big, working tiny, and complaining loudly, a lifestyle followed by millions.

The Sweetness of Big Dreams

Dreaming is easy. Dreaming is beautiful. Dreaming gives you a high without any effort.

In the silence of night or in the warmth of imagination, people build kingdoms in their mind. They see themselves living a life of greatness, as if everything will come to them simply because they want it.

But dreams without action are like seeds without water, they never grow.

Many people get addicted to dreaming because it feels like progress. They forget that dreaming is only the first step, not the whole journey.

Work Tiny : The Favourite Habit

The real problem begins when big dreams meet tiny efforts.

This is a popular routine:

- Work a little
- Get tired fast
- Take long breaks
- Procrastinate
- Avoid difficult tasks

- Wait for motivation
- Expect magic results

And when nothing improves, they feel surprised.

They blame luck. They blame others. They blame circumstances. But they never blame their own effort.

Success requires sweat, patience, and sacrifice, things that many people are unwilling to give. They want the final reward but not the journey. They want the flowers but not the soil.

The Loud Art of Complaining

When the results don’t match the dreams, the next step is to complain loudly.

“Nothing works for me.” “Life is unfair.” “Other people have it easy.” “Nobody supports me.” “Maybe it is just not meant for me.”

Complaining becomes a comfortable blanket. It warms the ego. It protects the mind from guilt. It makes failure feel like someone else’s fault.

But complaints do not build a future. They only build excuses.

The Fantasy of Shortcut Success

Some believe there is a secret door to success, a shortcut, a trick, a hack. They wait for luck, miracles, or opportunities to magically change their life.

They watch motivational videos for hours but work for minutes. They collect knowledge but take no action. They want growth without discomfort, success without sacrifice, and progress without persistence.

But every story of true success has the same hidden chapters: hard work, sleepless nights, discipline, failures, learning, and sacrifice.

Those who expect success without effort are like someone who wants to harvest crops without planting any seeds.

The Fear Behind Laziness

Many think laziness is only lack of energy. But often, laziness is fear wearing a comfortable mask.

Fear of failing. Fear of rejection. Fear of discomfort. Fear of effort. Fear of responsibility.

So the person hides behind small work, small steps, and small attempts, hoping that somehow success will still arrive.

But success never visits a closed door.

The Illusion of “Tomorrow”

One of the biggest reasons people fail is the habit of postponing.

Tomorrow I will start. Tomorrow I will change. Tomorrow I will try harder.

But tomorrow never becomes today.

Every dream has an expiry date. If you delay long enough, even the brightest dream becomes dim, then cold, and finally disappears.

The Price of Not Paying the Price

Everything in life has a cost. Not paying the cost also has a cost, and this second cost is usually bigger.

When you avoid discipline, you invite regret. When you avoid hard work, you invite struggle. When you avoid responsibility, you invite chaos. When you avoid sacrifice, you invite failure.

People who expect success without effort are unknowingly choosing a harder life.

A Soft Warning

You cannot eat the fruit if you never watered the tree. You cannot see the sunrise if you never woke up early. You cannot reach the mountain if you never started the climb.

Success is not cruel. It is simply fair. It rewards those who move and forgets those who only hope.

Conclusion

Expecting success without sacrifice is the fastest route to disappointment. It is a life built on dreams, supported by excuses, and decorated with complaints.

But the good news is simple: The moment you decide to give effort, sacrifice, and discipline, life begins to shift. Small steps create big changes. Consistent work builds strong results. Dedication turns dreams into reality.

Success does not require perfection. It only requires commitment.

Stop dreaming with closed eyes. Start dreaming with open action.

Chapter 17: Compare Yourself With Everyone

How jealousy, insecurity, and comparison destroy peace and confidence

Comparison is one of the easiest habits to learn and one of the hardest habits to escape. It begins quietly, like a gentle whisper, and slowly grows into a loud voice that controls your thoughts and emotions. When you compare yourself with everyone, you stop living your own life and start living inside someone else’s shadow.

This chapter is a guide to the painful art of destroying your happiness by constantly looking at what other people have, what they do, and how far they have gone. It is a modern form of self-punishment disguised as motivation.

The Endless Race of Comparison

In today's world, comparison is everywhere. Open social media, someone is richer. Talk to friends someone is smarter. Look around someone is more successful.

If you want to lose your peace quickly, just compare yourself with anyone who seems ahead of you.

Comparison creates an invisible race where nobody knows the finish line. It makes you feel like you are always behind, always lacking, always incomplete. In this race, no matter how much you achieve, it never feels enough, because someone else always seems better.

The Birth of Jealousy

Jealousy grows where comparison lives.

The moment you look at another person's achievements and forget your own journey, insecurity enters your heart. You start feeling that their success is your failure, their happiness is your sadness, their growth is your loss.

Jealousy whispers:

- “Why not me?”
- “They don’t deserve it.”
- “I will never be good enough.”
- “Life is unfair.”

Slowly, jealousy becomes a poison that spreads through your thoughts. It kills joy, blocks gratitude, and turns your heart heavy.

Insecurity: The Shadow That Follows

When comparison becomes a habit, insecurity becomes your permanent companion. You begin doubting yourself your talents, your path, your decisions, your timing.

Insecurity makes you blind to your strengths. It makes you deaf to your inner voice. It makes you forget your unique abilities.

You start thinking:

- Everyone is better than me
- Everyone is moving faster
- Everyone is doing more
- Everyone is living a bigger life

But these thoughts are illusions created by comparison. You see only the outside of others, never the struggles behind their smiles.

The Loss of Confidence

Confidence grows only when you value yourself. Comparison destroys this value.

Instead of asking “What can I do?” you keep asking “How do I match them?” Instead of improving your skills, you waste time checking who is ahead. Instead of focusing on your progress, you chase someone else’s progress.

Comparison steals your confidence piece by piece, until you stand feeling small, powerless, and lost.

The False Beauty of Other People’s Lives

One big mistake in comparison is believing that other people have perfect lives. Social media shows you the highlights, not the hardships. People show you the victories, not the failures.

Nobody posts their tears. Nobody shares their worries. Nobody displays their broken moments.

When you compare your behind-the-scenes with someone else's highlights, you will always feel defeated.

The Danger of Forgetting Your Own Path

Every person has a journey. Every journey has its own timing.

A flower does not compete with the flower next to it. It simply blooms when it is its time to bloom.

But when you compare yourself constantly, you forget your own timing. You begin following someone else's timeline, someone else's dreams, and someone else's idea of success.

Comparison disconnects you from your purpose. It makes you walk a path that does not belong to you.

The Hidden Cost of Comparison

A life filled with comparison has a heavy cost:

- You lose peace
- You lose gratitude
- You lose self-respect
- You lose joy
- You lose authenticity

- You lose your unique identity

You become a copy instead of becoming your true self.

The Truth Nobody Tells You

In the great game of life, the only person you need to compete with is the person you were yesterday. That is the only comparison that leads to growth.

But the art of destroying your life is simple: Compare yourself with everyone, every day, in every situation.

Let jealousy guide your decisions. Let insecurity fill your heart. Let someone else's success frighten you. Let someone else's life steal your joy.

If you follow this path sincerely, peace will leave you, confidence will fade, and happiness will become a distant dream.

Conclusion

Comparison is a thief that enters quietly and steals everything valuable your peace, your confidence, your self-worth. It makes you blind to your blessings and overly focused on others' achievements.

Life becomes beautiful when you stop measuring yourself with someone else’s ruler. Your journey is your own. Your time will come. Your growth will unfold at its own speed.

But if you want to continue mastering the art of becoming poor emotionally, mentally, and spiritually then compare yourself with everyone and let jealousy and insecurity lead your way.

Chapter 18: Choose Short-Term Pleasure Over Long-Term

Growth Spend for fun, avoid discipline, look for easy comfort

If there is one guaranteed method to remain stuck in life, it is this: Choose short-term pleasure over long-term growth.

This habit is sweet in the beginning but painful in the end. It is like eating too much sugar the first taste is delicious, but the after-effects destroy your health slowly. In the same way, when you chase only pleasure, comfort, and entertainment, your future becomes weak, your dreams become distant, and your discipline disappears.

This chapter is a simple guide on how to trade your golden future for a handful of temporary comfort.

The Temptation of Easy Comfort

Life gives you two doors:

- One door leads to growth, effort, discomfort, and discipline.
- The other door leads to comfort, laziness, entertainment, and quick pleasure.

Most people choose the second door because it feels easy, relaxing, and fun.

Why wake up early when you can sleep till noon? Why save money when you can enjoy an online shopping festival today? Why study an extra hour when you can watch one more episode?

Short-term comfort is attractive because it demands nothing from you. It welcomes you with open arms and then slowly removes your dreams from your hands.

The Sweet Poison of Instant Gratification

Instant gratification is like a sweet poison. It gives happiness immediately, but takes away happiness later.

Things like:

- scrolling endlessly
- binge-watching
- gaming for hours
- eating junk food
- unnecessary online shopping
- taking rest when you don’t need it

All these actions feel good in the moment. They give a small burst of pleasure, but they steal your long-term peace, health, and success.

It is the easiest way to remain exactly where you are year after year.

The Disappearance of Discipline

Discipline is the backbone of a strong life. But when short-term pleasure becomes your priority, discipline slowly fades away.

You begin saying:

- “I will start from tomorrow.”

- “Let me relax today.”
- “One day I will change.”
- “I deserve a break.”

That *tomorrow* never comes. That *one day* becomes *no day*. And slowly, the powerful life you could have lived gets replaced by a comfortable life full of regret.

The Cost of Avoiding Effort

When you avoid effort, you avoid growth. When you avoid growth, you avoid success. When you avoid success, you avoid the future you truly deserve.

Short-term comfort becomes a trap:

- You spend money today and struggle tomorrow.
- You relax today and feel guilty tomorrow.
- You skip learning today and feel unprepared tomorrow.
- You waste time today and lose opportunities tomorrow.

Comfort today becomes discomfort tomorrow. That is the hidden price nobody talks about.

The Illusion of “Enjoy Life Now”

Many people proudly say, *“Enjoy now, worry later.”*

But this is a dangerous philosophy, because “later” always comes. And when it comes, it brings stress, pressure, and regret.

True enjoyment comes from balance, not from addiction to comfort. True freedom comes from discipline, not from laziness. True peace comes from growth, not from escaping effort.

How Short-Term Pleasure Steals Your Future

When you choose pleasure over growth:

- your mind becomes dull
- your discipline becomes weak
- your confidence becomes low
- your goals become blurry
- your energy becomes scattered
- your future becomes uncertain

And the worst part? You don’t even realise when the damage happens. It happens silently, like a slow leak in a boat.

One day you look around and ask: “Why is my life not moving?” The answer is simple: because you chose pleasure instead of progress.

The Long-Term Pain of Short-Term Choices

When you choose fun over effort, you are borrowing happiness from your future. And every debt must be repaid.

You repay it through:

- struggle
- stress
- lack of money
- an unhealthy body
- an untrained mind
- missed opportunities
- lost confidence

This is the hidden pain behind a pleasure-filled life.

The Beauty of Choosing Growth (Even When It's Hard)

Growth is not comfortable, but it is meaningful. Effort is not easy, but it is rewarding. Discipline is not pleasant, but it transforms your life.

Every time you say "no" to short-term pleasure, you say "yes" to your future self. You build strength, character, and direction.

But of course, if your goal is to master *The Art of Becoming Poor*, you should avoid growth at all cost.

Conclusion

Choosing short-term pleasure over long-term growth is one of the fastest ways to remain average forever. It keeps you entertained but empty, comfortable but unfulfilled, relaxed but directionless.

If you truly want to slow down your progress, then keep choosing comfort over commitment, entertainment over effort, and pleasure over purpose. This will ensure your future remains weak, uncertain, and filled with regret.

But if you want a better life, you must learn the real art: Sacrifice small pleasures today to build a future you can proudly live tomorrow.

Chapter 19: Talk Big, Do Small

The perfect guide on giving speeches about your future without taking even one step forward

There is a special talent many people develop without any training, the talent of talking big while doing almost nothing. It is an art, a performance, a beautiful drama of words without any action. In this chapter, we explore how to become an expert in this skill, where your mouth travels miles but your legs never move an inch.

Talking big gives a temporary feeling of achievement. It makes you feel successful without actually becoming successful. It is a shortcut to false confidence and empty pride.

If you wish to stay stuck in life yet appear impressive, this is the perfect chapter for you.

The Magic of Big Words

Some people don’t need progress, they only need a microphone. They can speak about:

- their grand plans
- their future empire
- their upcoming business
- their dreams of becoming famous
- their goals of becoming rich

But the moment it is time to take action, they quietly disappear.

Talking big is magical because it gives you all the thrill of achievement without any responsibility, discipline, or hard work. It creates a fantasy world where you are already successful, inside your own imagination.

The Illusion of Progress

When you talk about your dreams, your brain feels as if you already achieved something. You feel important, motivated, even proud. People around you may even admire your ideas.

But here is the hidden truth: Talking is not progress. Planning is not progress. Dreaming is not progress.

Only action is progress.

But when you talk too much, you start believing that you have already done something, and you lose the desire to actually do the real work.

The Comfort of Empty Promises

Talking big creates a comfortable bubble where nothing is required from you. You can keep saying:

- “Someday I’ll start my business.”
- “Soon I will write a book.”
- “Very soon I will become financially free.”
- “Next month I will start gym for sure.”
- “From tomorrow I will change everything.”

These promises feel so good that you forget the truth they are just words floating in the air.

Empty promises become a habit. And that habit becomes your identity.

You become a person who always *talks* but never *acts*.

The Fear Hidden Behind Big Talks

Many people talk big because they are afraid to act. Action reveals truth. Action exposes weaknesses. Action brings challenge.

Talking, on the other hand, is safe. Nobody can judge your effort because you are not making any. Nobody can criticise your failure because you haven't tried yet. Nobody can expect results from you because you have not started.

So you keep talking to hide your fear. You keep dreaming loudly to silence your insecurity. You keep planning endlessly to avoid risking anything.

The Danger of Impressing Others

A person who talks big often cares more about impressing others than improving themselves. They want applause without effort. They want respect without results. They want success without sacrifice.

So they paint a picture of a grand future to get attention today.

But attention is temporary. And when people realise there is no action behind your big words, they lose trust and respect.

Talking big slowly destroys your credibility. People stop believing you. They stop taking you seriously. They start seeing you as a performer, not a doer.

The Tiny Actions That Matter

Real success does not come from big words. It comes from small, consistent actions that nobody sees:

- waking up on time
- learning little by little
- saving bit by bit
- practising daily
- building quietly
- improving slowly

These actions do not look glamorous. Nobody claps for you. Nobody praises you. Nobody celebrates your discipline.

But these tiny actions build a strong future, the type of future big talkers never reach.

Why Do Small When You Can Talk Big?

If your goal is to become poor, unsuccessful, and directionless, talking big is perfect.

Just follow these steps:

1. Create huge goals in your imagination.
2. Speak about them loudly to everyone.
3. Never take even one practical step.
4. Keep saying “One day… one day…”
5. Avoid learning, avoid effort, avoid sacrifice.
6. Stay inside your comfortable fantasy world.

This is the formula for living a life full of dreams and full of regret at the same time.

The Silence of Real Workers

Here is the interesting truth: People who actually achieve success rarely talk about it.

They work silently. They move quietly. They grow steadily. They let their results speak. They don’t make noise they make progress.

The quieter the work, the louder the success.

Conclusion

Talking big and doing small is the easiest path to an average, unfulfilled life. It gives you temporary pride but permanent disappointment. It creates a loud life with empty results.

If you want to master *The Art of Becoming Poor*, then keep speaking about your dreams instead of working on them. Let your voice be louder than your actions. Let your imagination be bigger than your reality.

But if you truly want to grow, then reverse the formula:

Talk less. Do more. Let your actions create the story. Let your success be the speech.

Chapter 20: Keep Your Surroundings Messy

A messy room creates a messy mind a simple way to block clarity and motivation

If you ever wish to confuse your mind, weaken your discipline, and drain your motivation without any extra effort, there is a wonderfully simple method: Keep your surroundings messy.

A messy environment is like silent chaos. It does not shout, it does not hit, it does not warn but it slowly eats away your clarity, peace, and energy. A cluttered room becomes a cluttered mind. A scattered space becomes a scattered life.

In this chapter, we explore the delightful art of destroying your mental clarity by turning your environment into a kingdom of disorder.

The Quiet Power of Chaos

Many people underestimate how deeply their environment affects their thoughts. But the truth is simple: Your surroundings shape your mindset.

A messy table tells your mind: “There is no order here.”

A cluttered room whispers: “You can relax, no need to be responsible.”

Unwashed dishes, scattered clothes, dusty corners all of these create small but constant mental noise.

This noise slowly blocks your focus, weakens your memory, and kills your motivation.

How Mess Steals Your Energy

A clean space is refreshing. It gives the mind space to think clearly and breathe freely.

But a messy space behaves differently.

- It drains your energy
- It irritates your mood
- It makes you lazy
- It makes you slow
- It makes you avoid tasks

Without you realising, your brain wastes energy just looking at the disorder. It keeps thinking, “I should clean this,” but you never do. This unfinished task quietly stays in your head, eating up your mental space.

You become tired without working, stressed without reason, and unmotivated without logic.

The Art of Living in Chaos

If your goal is to block all progress, keeping your environment messy is a brilliant strategy.

Here’s how to master it:

1. Keep clothes on the bed, chair, floor everywhere except the cupboard.
2. Leave books open and scattered like they are part of a museum display.
3. Let dust settle proudly on shelves.
4. Never throw away useless papers.
5. Pile up dishes until they look like a mountain range.
6. Use your floor like a storage box.
7. Delay cleaning until “tomorrow,” then delay tomorrow again.

This is how small mess becomes big mess, and big mess becomes your normal life.

Why Mess Creates Mental Fog

Your mind and surroundings are connected like mirror and reflection. When you look at disorder, your thoughts also become disorganised.

A messy room:

- kills creativity
- reduces focus
- increases stress
- creates irritability
- makes you procrastinate
- lowers self-discipline

Every time your environment is messy, your brain enters survival mode instead of growth mode. You struggle to think clearly, make decisions, or stay motivated.

This is why many people sit for work but don’t feel like working because their surroundings silently block their mind.

The Illusion of “Creative Mess”

Some people proudly say, “I work better in mess.” This is one of the biggest lies we tell ourselves.

Messy surroundings do not make you creative they make you distracted. True creativity needs space, freshness, and mental quietness.

Chaos may look artistic, but clarity is what gives birth to brilliance.

How Disorder Controls Your Emotions

When you wake up and the first thing you see is clutter, your mind becomes heavy before the day even begins. Your mood falls without reason. You feel irritated at everything.

A messy space triggers:

- anxiety
- frustration
- laziness
- sadness
- overthinking

You start feeling like life is complicated, when in reality, your room is just messy.

A Clean Space, A Clear Mind

A clean environment is more than beauty it is a form of mental hygiene. When your surroundings are neat:

- your thoughts flow smoothly
- your motivation increases
- your mind becomes lighter
- your discipline becomes stronger
- your productivity rises
- your confidence improves

But of course, if you wish to master *The Art of Becoming Poor*, you must avoid cleanliness at all costs. Keep your space messy and enjoy the confusion it brings.

Conclusion

Keeping your surroundings messy is one of the simplest ways to block clarity and motivation. A cluttered room creates a cluttered mind. It steals your focus, drains your energy, and locks you inside a fog of confusion.

If you wish to remain stuck, lost, and low in energy just keep your space as chaotic as possible.

But if you want a better, brighter, and more focused life, then remember this truth:

Clean space = clean mind. Clean mind = strong life.

Chapter 21: Quit Every Time Life Gets Hard

How giving up quickly ensures you never reach your goals

There is a simple rule to fail beautifully in life: **the moment things get difficult, walk away.** Do not stay, do not fight, do not struggle. Just quit. After all, who has the patience to deal with challenges? Why waste your energy on growth when giving up feels so much easier?

This chapter is the perfect guide for anyone who wants to remain stuck forever, without even trying to rise higher.

The Comfort of Running Away

When life becomes tough, there are two types of people:

1. Those who stand strong and face the storm.
2. Those who take one look at the storm and run in the opposite direction.

If your goal is to never succeed, always choose the second option. The moment you feel discomfort leave. If the work is too much, stop. If the results are too slow, complain. If progress demands effort, drop everything and sit back.

Let quitting become your natural habit.

Why Fight When You Can Surrender?

Success is a long journey filled with obstacles, failures, mistakes, and lessons. But why walk that road when you can comfortably sit at home and dream?

Whenever you face failure, take it personally. Tell yourself, *“This is a sign that I should stop.”* Whenever you face rejection, feel defeated. Whenever you face criticism, feel insulted. And whenever life says, “Try again,” simply say, “No thank you.”

This way, you will never improve, never grow, and never worry about reaching your true potential.

The Art of Breaking Your Own Momentum

Every time you take one small step forward, make sure to take two steps back. Start a new idea then stop. Begin a fitness plan, then quit in three days. Try learning a new skill, then leave it halfway.

Success requires consistency. So the easiest way to avoid success is to break your consistency at the first inconvenience. Tell yourself that you are “not ready,” “not motivated,” or “not good enough,” and quit with full confidence.

Slowly, quitting will become your default solution for everything.

Celebrate Short-Term Escape

There is a special sweet joy in escaping challenges. When you quit something difficult, you feel an instant relief, like taking off a heavy load. Cherish that relief. Hold on to it. Let that moment fool you into thinking quitting was the right decision.

But remember: the relief lasts only for a short time. The regret lasts much longer.

Still, if your goal is to fail, ignore that regret. Pretend everything is fine. Avoid looking back. Avoid reflecting. Keep moving from one abandoned dream to another.

The Long-Term Cost of Quitting

When you quit often, you don't just lose opportunities. You lose parts of yourself, your confidence, your courage, your belief in your abilities. Every time you quit, you silently teach yourself:

- "I cannot do hard things."
- "I cannot survive discomfort."
- "I am not strong enough."

These messages slowly become your inner truth. Soon, even small challenges feel like mountains. Even small risks feel dangerous. Even tiny steps feel impossible.

This is the perfect recipe to remain average for life.

Why Some People Keep Winning

You may look around and wonder why others move ahead while you stay behind. The answer is simple: They keep going. You keep quitting.

Winners are not always the smartest or the fastest. But they have one quality you avoid: **they don’t give up when it gets hard.** They fall, they fail, they cry, they struggle, but they continue.

If you want to avoid success, make sure you never copy them.

The Final Lesson

Life will test you again and again. Obstacles will appear, delays will frustrate you, and failures will break your heart. But the one thing that determines your destiny is your response.

If you want guaranteed failure, then stick to this golden rule: **Quit every time life gets hard.**

Let challenges defeat you. Let fear guide you. Let excuses protect you. This way, you will never have to worry about becoming the person you were meant to be.

Chapter 22: Believe That Everyone Else Is Lucky

Convince yourself that success comes only by chance, not by effort

One of the simplest ways to stay exactly where you are without growth, without progress, without change is to believe that **other people succeed only because of luck**. Tell yourself that they were blessed, chosen, favoured, or born under a special star. And you? You were simply unlucky. This belief will protect you from ever trying hard or taking responsibility for your own journey.

This chapter will teach you the powerful art of escaping effort by blaming everything on fate.

Luck: The Perfect Excuse

Whenever you see someone achieving something big a promotion, a business, a skill, a healthy life don’t waste time thinking about their discipline or hard work. Immediately tell yourself, *“They are lucky. That’s all.”*

This excuse is simple, comforting, and effective. It removes all pressure from your shoulders. You don’t need to try. You don’t need to learn. You don’t need to improve. Because anyway, success is not in your hands it is only in theirs.

By believing in luck more than effort, you can completely avoid the responsibility of changing your own life.

Close Your Eyes to Their Struggles

People who succeed usually carry stories of sleepless nights, silent sacrifices, painful failures, and long years of unseen work. But if you want to avoid growth, you must ignore all of this.

Instead, assume their journey was easy. Believe they got everything without struggle. Pretend their success fell from the sky into their lap.

Tell yourself:

- “They have connections.”
- “They have a rich background.”
- “They are naturally talented.”
- “God is on their side.”

The more excuses you collect, the less effort you will ever put into your own dreams.

Use Envy as Your Teacher

Jealousy is a powerful emotion and if you use it wrongly, it can completely destroy your peace. Every time someone wins, let bitterness rise in your chest. Let resentment fill your heart.

Instead of learning from their success, feel angry that it wasn't you. Instead of admiring their dedication, convince yourself it's useless. Instead of asking how they grew, complain that life is unfair.

Jealousy will keep you stuck like glue. It will stop you from taking even a single meaningful step forward.

The Comfort of Self-Pity

Once you accept the belief that "luck decides everything," you will slowly enter the sweet trap of self-pity. This trap is comfortable, warm, and addictive.

You can spend hours thinking:

- "Why is everyone else lucky except me?"
- "Why is life giving me only struggles?"

- “Why is success refusing to come near me?”

Self-pity makes you feel like a helpless victim, and victims never rise. They stay in the same place, blaming fate instead of building their future.

How This Belief Blocks Your Potential

When you think success is a matter of luck, you don’t bother developing skills. You don’t study. You don’t practice. You don’t push yourself.

Slowly, your potential becomes like a well that was never used deep, but dry. The more you rely on luck, the less you rely on yourself. And a person who does not rely on themselves can never discover their true strength.

The Silent Truth You Avoid

There is one truth you must hide from yourself to maintain this mindset: **Most successful people worked extremely hard.**

They didn’t act lucky ; they acted responsible. They didn’t wait ; they moved. They didn’t complain ; they created. They didn’t depend on chances ; they built chances.

But accepting this truth means you must also accept that your life is in your hands. And that is far too heavy, isn't it? Much easier to believe that luck is everything.

The Final Lesson

If you want to fail beautifully, protect this belief with all your heart: **"Success is luck : effort doesn't matter."**

Repeat it again and again until it becomes your reality. Let it stop you from trying. Let it stop you from learning. Let it stop you from believing in yourself.

This mindset will guarantee that your dreams stay far away from you, while others move ahead with their hard work disguised as "luck."

Chapter 23: Avoid Planning and Live Randomly *Never set goals. Never plan. Wake up each day with zero direction.*

If you truly want to remain stuck in life, drifting like a paper boat in a dirty drain, then this chapter is your golden guide. The secret is simple: **avoid planning completely**. Do not set any goals, do not make any schedules, and do not decide anything for tomorrow. Just wake up each morning and let life push you anywhere it wants.

Living randomly is the easiest and fastest way to ensure that your future remains exactly like your present.

The Freedom of Having No Direction

Who needs vision when you have vibes? Who needs goals when you have mood swings?

When you live without planning, every day becomes an accidental adventure. You don’t know where you are going, but you are going somewhere usually in circles. Your energy gets scattered, your time gets wasted, and your progress disappears like smoke.

Without direction, even the brightest talent becomes dull.

Morning Confusion: Your Daily Routine

People who plan their days wake up with purpose. But you? You must wake up with confusion. Let your morning begin with:

- “What should I do today?”
- “Should I work or sleep again?”
- “Should I start or delay?”
- “Should I do something or nothing?”

Confusion keeps your mind busy without achieving anything. It gives you the sweet feeling of thinking without actually doing. This is a perfect method to kill your potential slowly.

Run Life Without a Roadmap

Imagine going on a journey with no map, no destination, and no idea where the road leads. You drive until you are tired, then stop somewhere random, then drive again. You waste fuel, time, and patience and finally reach nowhere.

That is exactly how a life without planning looks.

Without goals, you keep moving but never progressing. Without direction, you keep working but never achieving. Without clarity, you keep dreaming but never building.

Let Distractions Lead You

When you don’t plan, distractions become your leaders. Your day gets controlled by random events:

- A friend calls you out :- you go.
- A message pops :- you follow it.
- A notification appears :- you lose one hour.
- A video auto-plays :- you watch ten more.

You become a slave of the moment. Your mind works like a leaf in the wind, blown here and there by every small disturbance.

Distractions love people who don’t plan. They enter easily and settle permanently.

The Comfort of Living Aimlessly

Living without planning has a unique comfort. You never feel the pressure of responsibility. You never feel the challenge of discipline. You never feel the pain of effort.

You float through life like a tourist who forgot why he travelled.

Days pass. Months pass. Years pass. And suddenly, you realise you have not moved even one step closer to your dream because you never chose a direction to begin with.

But don’t worry. You can always blame life, fate, economy, relatives, or government for your lack of progress.

How No Planning Blocks Growth

When you avoid planning:

- You waste opportunities.
- You forget goals.
- You mismanage time.

- You follow others instead of yourself.
- You live in reaction, not creation.

Without a plan, your future becomes a result of accidents, not actions. You become the passenger of your own life instead of the driver.

The Hidden Truth You Never Admit

Deep inside, you know that planning gives power. A small plan, even written on a paper, can guide your steps and sharpen your focus. A clear goal can turn your energy into strength.

But planning also requires commitment. It demands discipline. And that is why avoiding planning is the easiest way to fail gracefully.

Because when you don’t plan, you don’t have to face the weight of your own potential.

The Final Lesson

If you want to remain confused, lost, and directionless, make this rule your life mantra:

“I will never plan anything. I will live randomly every day.”

Let the world push you. Let your mood control you. Let accidents decide your future.

This is the perfect recipe for a life where nothing changes, nothing grows, and nothing meaningful is achieved.

Chapter 24: Repeat Your Mistakes With Pride

Do the same wrong things again and again. Call it “my personality.”

If there is one powerful technique to make sure your life never improves, it is this: **repeat your mistakes proudly, confidently, and without any shame**. Keep doing the same wrong things again and again, and when someone questions you, simply smile and say, *“This is how I am.”*

This chapter will teach you how to hold on to your mistakes as if they are your favourite jewellery.

Mistakes Are a Cycle : Make It Your Lifestyle

Everyone makes mistakes. But successful people learn from them. If you want to avoid success completely, then do the opposite, **learn nothing**.

When something goes wrong, don’t reflect. Don’t correct. Don’t change.

Just continue walking the same path, hitting the same stone, falling in the same hole, and acting surprised every single time.

Let your mistakes become a comfortable routine.

Turn Stubbornness Into a Superpower

Stubbornness is a beautiful tool when used wrongly. It stops growth, destroys opportunities, and kills improvement. If you want to remain the same throughout your life, use stubbornness proudly.

Whenever someone gives advice:

- Reject it immediately.
- Defend your mistake with emotion.
- Argue loudly instead of listening quietly.
- Say, “I know what I’m doing,” even when you obviously don’t.

This will keep you perfectly stuck and untouched by progress.

Blame Others for Your Repeated Failures

Repeating mistakes becomes even easier when you attach a ready-made excuse to each one of them.

Failed again? Blame your parents.

Fell into the same trap again? Blame friends.

Wasted money again? Blame society.

Ruined your peace again? Blame circumstances.

As long as you blame others, you never need to take responsibility. And without responsibility, change becomes impossible exactly what you need to maintain your failure pattern.

Call It “My Personality”

This is the masterstroke.

Whenever someone points out your repeating mistakes, hold your chin high and say:

- “This is my nature.”
- “This is who I am.”

- “I cannot help it.”

This magical sentence stops all improvement instantly. It gives you a shield to hide behind, even when your behaviour is clearly harming your life.

Instead of seeing your habits as harmful, treat them like your identity. That way, you never feel the need to change.

Comfort in Familiar Failure

Repeating mistakes gives a certain comfort. You already know the result disappointment, chaos, regret. But at least it is familiar. And sometimes, the familiar feels safer than the unknown.

Growth requires stepping into new territory. Repeating mistakes allows you to stay in your old, comfortable suffering.

You choose misery you understand over progress you fear.

How Repetition Blocks Your Future

When you keep repeating the same behaviours, your life turns into a loop.

- Same arguments.
- Same heartbreaks.
- Same financial problems.
- Same emotional drama.
- Same frustrations.

Each year looks like the previous one. The calendar changes, but you don’t. Your dreams stay dreams. Your potential sleeps silently. Your life becomes a slow replay of yesterday.

This is the perfect formula for a stuck life.

The Hidden Truth You Avoid

Inside your heart, you know that repeating mistakes is not destiny it is choice. You know that change is possible. You know that learning is available. You know that improvement is within reach.

But change requires courage. Learning requires humility. Improvement requires effort.

So instead, you hold your mistakes close, like an old blanket, and refuse to grow.

The Final Lesson

If you want to guarantee a lifetime of stagnation, follow this golden rule:

“Repeat your mistakes proudly, and call them your personality.”

Never reflect. Never adjust. Never grow.

Let your mistakes become your identity, your attitude, your lifestyle. This ensures that your life remains predictable, and your future remains exactly like your past.

Chapter 25: Conclusion : The Real Secret Behind Becoming Poor

The truth hidden behind every chapter of this playful guide.

We have finally reached the last chapter of this satirical journey, a journey where we explored every silly, careless, and self-destructive habit that can easily take a person from potential to poverty, from growth to stagnation, from dreams to disappointment.

But now, at the end, it is time to reveal the **real secret** behind this entire book.

The Truth: This Book Was Never About Becoming Poor

From the very beginning, this book pretended to teach you “The Art of Becoming Poor.” But in reality, every chapter was a mirror, showing you the mistakes many people silently make in real life.

This book was not guiding you towards failure. It was warning you about the behaviours that secretly lead to failure.

Each chapter was a playful reminder of what happens when:

- Time is wasted
- Mind is ignored
- Health is damaged
- Responsibilities are avoided
- Emotions control decisions
- Growth is postponed
- Excuses become lifestyle
- Comfort becomes prison

These habits may look small, but together they can quietly destroy a person’s future.

The Real Secret: Poor Habits Create a Poor Life

Poverty does not start from the wallet. It starts from the **mindset**.

A person becomes poor long before their bank balance becomes empty. They become poor when:

- They stop learning
- They stop improving
- They stop trying
- They stop dreaming
- They stop taking responsibility

This entire book teaches one powerful truth:

A poor mindset creates a poor life. A rich mindset creates a rich life.

Your habits shape your destiny more than your circumstances ever will.

The Reverse Wisdom Hidden in Every Lesson

Every funny chapter contains a serious lesson inside it:

- Waste time → Lose opportunities
- Do nothing → Lose growth
- Learn nothing → Lose future
- Spend blindly → Lose financial peace

- Follow others → Lose inner voice
- Stay with negative people → Lose confidence
- Trust only luck → Lose progress
- Avoid responsibility → Lose control
- Live in drama → Lose focus
- Fear change → Lose transformation
- Ignore health → Lose strength
- Postpone opportunities → Lose success
- Repeat mistakes → Lose years of life

Each habit is a small leak in the boat of your destiny. If you don’t close these leaks in time, the boat will sink, slowly and silently.

Your Life Changes When Your Habits Change

You do not need to fight destiny. You only need to improve your daily behaviour.

One small change, repeated daily, can do more magic than hundred big dreams said loudly.

- Wake up with purpose
- Protect your time
- Learn a little every day
- Spend wisely
- Think clearly

- Choose good company
- Take responsibility
- Work consistently
- Value your mind
- Respect your body
- Plan your future
- Improve your habits

These simple practices create a rich, meaningful, and powerful life.

You Are Not Meant to Be Poor : You Are Meant to Grow

No one is born to fail. No one is born to remain stuck.

Inside every person, there is a seed of greatness. But a seed needs sunlight, water, care, and patience.

Your success is not a matter of luck : it is a matter of choice. Your future is not fixed : it is flexible. Your life is not limited : it is waiting for you to rise.

Final Message: Choose Growth Over Excuses

If you take only one thing from this entire book, let it be this:

Your habits decide your destiny. Change your habits, and you will change your life.

Success is not a mystery. It is the natural result of consistent effort, discipline, and courage.

This book may have taught you “how to become poor,” but the real gift it offers is the opposite:

How to avoid poverty of the mind, heart, and life. How to grow into the best version of yourself.

Your journey begins with one decision, **Will you repeat the habits that destroy your future, or will you choose the habits that build it?**

The choice is yours. And so is the life that follows.